NURSING DIGEST

Official Newsletter - Association Of Nurse Executives (India)

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Upcoming Event - 3rd Annual Patient Safety Conference on 30th September







Message from the President: Join Us for a Safer Healthcare Future!



Capt Ajitha Nair President. ANEI

I am honored to pen down this message as the President of our esteemed organization, the Association of Nurse Executives (India) – ANEI. Today, I wish to reiterate our unwavering commitment to the noble cause of "Preventable Zero Harm." Patient safety is the very heart and soul of ANEI, and we are dedicated to nurturing a cadre of nursing professionals who will pave the way for safer care in our great nation.

In keeping with this commitment, I am delighted to invite each and every one of you to our much-anticipated Annual Patient Safety Virtual Conference. This significant event is scheduled for the 30th of September, a day that promises to be nothing short of transformative in our journey towards safer healthcare.

Our conference theme for this year is "Elevate the Voice of Patients", an imperative that resonates deeply with our mission. What sets this event apart is the remarkable lineup of speakers, hailing from diverse backgrounds and global perspectives. It is not every day that you have the opportunity to hear and interact with leaders from renowned organizations such as the World Health Organization (Geneva), the Patient Safety Movement Foundation (USA), and Patients for Patient Safety (India).

One of the conference highlights will be a panel discussion, where our young nurses and nursing students will delve into the theme, sharing their insights and aspirations regarding patient and family engagement. Their voices, often the most dynamic and visionary, will surely inspire us all.

Furthermore, you will have the privilege of immersing yourself in the best evidence-based practices. We will explore topics such as Medication Safety and Quality Improvement projects, with a keen focus on engaging patients and families for safer care.

We have spared no effort to make this day an unforgettable experiential learning journey on the theme. It is our collective commitment and enthusiasm that will infuse life into the proceedings, making it an enriching experience for all.

As we look forward to this momentous occasion, let us unite and strengthen our resolve to champion patient safety. Together, we shall elevate the voice of patients and set new standards for excellence in healthcare.

Mark your calendars, spread the word, and join us on the 30th of September. Let us embark on this transformative journey together, creating a safer, more compassionate healthcare future for all.

With utmost sincerity and dedication,

Aiitha

President, Association of Nurse Executives (India)



Introduction to World Patient Safety Day Theme

Empowering Nurses to Foster Patient and Family Engagement for Safer Care

On the 17th of September, the world will once again unite to commemorate World Patient Safety Day 2023. This year's theme, "Elevate The Voice of Patients," underscores the pivotal involvement of patients, families, and caregivers in ensuring healthcare safety. However, it is the nursing profession that stands at the forefront of catalyzing this vital engagement, nurturing trust, and promoting open communication for enhanced patient outcomes.

Extensive research underscores the transformative impact of treating patients as integral members of their care journey. A cornerstone of this approach is the central role that nurses play in facilitating meaningful engagement. Nurses, armed with their empathy and clinical expertise, act as bridges between patients, families, and the complex healthcare system. By fostering a collaborative environment, nurses empower patients to contribute to their care's safety while ensuring their unique needs and preferences are acknowledged.

The campaign's motto, "Elevate the voice of patients," resonates profoundly with nursing professionals. As patient advocates, nurses champion the imperative of integrating patients into policy discussions, governance structures, and safety strategy development. Through their close interactions, nurses understand the individualized requirements of patients and their families, making them essential partners in refining healthcare policies and practices.

Embedded within the framework of Resolution WHA72.6 – "Global action on patient safety" and the Global Patient Safety Action Plan 2021–2030, patient and family engagement remains a paramount strategy in mitigating harm within healthcare. This strategy is a linchpin in the pursuit of error-free care and has found an ardent ally in the nursing community.

As the custodians of patient well-being, nurses serve as catalysts for change. Their intrinsic dedication to patient-centered care forms a critical foundation for empowering patients and families. Through education, guidance, and shared decision-making, nurses embolden patients to participate in their healthcare journey actively, thus bolstering safety measures.

In line with the objectives of World Patient Safety Day 2023, nurses emerge as pivotal change agents:

- **1. Heightening Awareness and Engagement:** Nurses are at the heart of patient care, making them potent advocates for involving patients and families in the care process. By fostering awareness and facilitating discussions, nurses stimulate a culture of collaboration among patients, healthcare providers, and families.
- **2. Catalyzing Policy and Practice Engagement:** Nurses, being frontline healthcare providers, possess an intimate understanding of patients' challenges. They can effectively communicate these insights to policymakers, ensuring that patient voices are firmly embedded in healthcare policies and practices.
- **3. Empowering Patients and Families:** Nurses harness their expertise to educate patients and families about their conditions, treatment options, and potential risks. Through this informed empowerment, patients become proactive partners, actively participating in their care plans.
- **4. Advocating Urgent Action:** Guided by the Global Patient Safety Action Plan 2021–2030, nurses are poised to rally for prompt actions that enhance patient and family engagement. Their unique vantage point enables them to rally healthcare stakeholders towards patient safety.

World Patient Safety Day 2023 underscores the collaborative efforts required to make healthcare safer. The global campaign offers myriad avenues for engagement, from educational initiatives to policy discussions. Notably, iconic landmarks bathed in the campaign's signature orange hue symbolize the global commitment to safer care.

In this endeavor, nurses emerge as linchpins, leveraging their roles to connect, educate, and empower. They epitomize the spirit of patient and family engagement, steering healthcare towards a safer, more patient-centric future. As the world marks this important day, let us recognize and celebrate nurses for their unwavering dedication to elevating patient voices and fostering a culture of safety and collaboration in healthcare.

Summarized by: ANEI Newsletter Media Committee



ANEI Life Time Achievement Award - 2023

On August 4, 2023, during the CMC Alumni Reunion Day Inaugural function, the Association of Nurse Executives India had the opportunity to award Dr Mary Sulakshini in person with the "Life Time Achievement" award.

Capt Ajitha Nair, ANEI National President, Dr Jothi Clara J Micheal, Founder and Ex VP ANEI & Advisor to TN Chapter. Ms. Leena Chandrasekaran, President, ANEI TN Chapter. Dr. Rebecca Samson, ANEI founding and Executive member, and Ms. Hannah, ANEI Member, had travelled to Vellore with the purpose of presenting Dr. Mary Sulakshini with the prestigious "Lifetime Achievement" award and a cash award of Rs 50,000 in person. In addition, we were joined on stage by Dr Vinita Ravindran, Dean, College of Nursing, CMC, Ms. Alice Sony, Nursing Superintendent, CMC, Dr Mark Ranjan Jesudason, Associate Director, CMC, while ANEI Officials presented the award to the recipient. Dr. Mary Sulakshini's tenure as the Dean at the College of Nursing (CON), CMC Vellore, from 1989 to 1994 was a significant and esteemed milestone for the institution. Dr Vinita was proud to have 4 more awardees, along with Dr Mary, who were honored on the same day by other associations. Dr. Vinita expressed gratitude to ANEI representatives for coming in person to present Dr. Mary with the Lifetime Achievement Award.

Dr. Mary expressed her gratitude to the officials of ANEI for acknowledging and appreciating her significant contribution to the field.

It was a proud moment for ANEI to award a Legend like Madam who had contributed enormously to the Nursing Profession.

During the event, we seized the opportunity to inform the attendees about the ANEI and encouraged them to consider joining as members.



ANEI National President Capt Ajitha Nair handing over the award money of Rs.50,000/- to Dr Mary Immanuel accompanied by Dr Rebecca Samson, Founder EC Member, Dr Jothi Clara Michael, Founder Member and First Vice President, Ms.Leena Chandrasekaran, ANEI State President, Tamil Nādu and Ms.Hannah, ANEI Member, Tamil Nadu







Embracing Futuristic Nursing: Revolutionising Healthcare For Tomorrov



Vinod Kumaar ANEI Patient Safety Fellow, 2021

Introduction:

Nursing, as a noble profession, has constantly evolved to meet the ever-changing healthcare landscape. With advancements in technology, shifting patient needs, and a growing emphasis on holistic care, the future of nursing holds immense potential for transformative change. In this essay, we will explore the concept of futuristic nursing, delving into the innovative technologies, augmented roles, and compassionate care models that will shape the healthcare industry in the years to come.

Technological Advancements:

Futuristic nursing will harness the power of technological advancements to enhance patient care, improve efficiency, and empower healthcare professionals. Artificial intelligence (AI) and machine learning algorithms will play a pivotal role in streamlining diagnosis, treatment, and monitoring processes. Advanced analytics and predictive modelling will enable nurses to make evidence-based decisions, detect early warning signs, and prevent adverse events.

Wearable devices, such as smart biosensors and health trackers, will facilitate continuous patient monitoring, allowing nurses to remotely assess vital signs and intervene promptly when necessary. Telehealth and telemedicine will become commonplace, enabling nurses to provide care and support to patients from a distance, thereby breaking the barriers of geography and increasing access to healthcare services.

Augmented Roles:

Futuristic nursing will see nurses take on expanded roles and responsibilities. With automation handling routine tasks, nurses will have more time to engage in critical thinking, complex problem-solving, and personalised patient care. They will become champions of patient advocacy, collaborating closely with multidisciplinary teams to develop comprehensive care plans that address physical, emotional, and social needs.

Nurse practitioners will increasingly take on advanced practice roles, prescribing medications, diagnosing common ailments, and managing chronic conditions. Specialised nursing fields, such as genomics and nanotechnology, will emerge, allowing nurses to contribute their expertise to cutting-edge research, precision medicine, and personalised patient treatments.

Compassionate Care Models:

In a futuristic nursing model, compassion and human connection will remain at the core of patient care. While technology will augment healthcare delivery, it will never replace the unique bond between nurse and patient. Nurses will be equipped with enhanced communication skills and cultural competence to navigate diverse patient populations and address their unique needs.

Emotional intelligence and empathy will be emphasised, enabling nurses to establish trust, alleviate anxiety, and provide emotional support. Holistic approaches to care will gain prominence, focusing on promoting overall well-being, preventive measures, and patient education. Futuristic nursing will recognise the importance of mental health, offering integrated mental health services alongside physical healthcare.

Conclusion

Futuristic nursing presents a remarkable opportunity to revolutionise healthcare for the better. Through the integration of technology, expanded roles, and compassionate care models, nurses will be at the forefront of this transformation, leading the way towards a more efficient, patient-centered, and inclusive healthcare system. The future of nursing is one that combines the art of caregiving with the science of innovation, creating a harmonious balance that will shape the future of healthcare delivery. As we embrace this vision, we move closer to a world where quality care is accessible, personalised, and truly transformative for all.



Innovative Leadership's Employee Rounding Sweet Nothing Rounding (Snr)



Dr Jothi Clara Michael MSc (N) RN., RM., MBA (Hosp Admin)., PhD (N) Director of Nursing, IHH India

Nursing Leadership's "Sweet Nothing Rounding" (SNR) is one of the important "must-experience" innovative leadership's employee rounding approaches. This strategy pertains to the leadership endorsement of "Caring for Good" for their team of clinical nurses. Nursing leaders must recognise the importance of building strong connections with their nursing staff. Nurses are subjected to many stressors daily in their workplace while still providing care for others; this can be overwhelming, particularly when it involves intense levels of care.

In "Nursing Leadership Rounding" (NLR), numerous approaches are strategized. "Sweet Nothing Rounding" (SNR) is one of the approaches for ensuring that they care for, are supported, are assisted, and comprehend their basic requirements. SNR refers to rounding and dialogues between the nursing supervisor and their nurse that are intended to foster a climate of trust, support, and open communication. It requires taking the time to engage in personal conversations with nurses, actively listening to their concerns, and demonstrating genuine concern for their well-being. Here are some key benefits and strategies for nursing leaders to establish stronger connections with nurses through SNR:

- **1. Building trust:** SNR helps nursing leaders build trust with their staff. By showing a genuine interest in their personal lives, concerns, and aspirations. Leaders can foster an environment where nurses feel comfortable expressing themselves openly.
- **2. Improving Communication:** Regular SNR allows nursing leaders to stay informed about any challenges, frustrations, or suggestions nurses may have. By actively listening and addressing these concerns, leaders can enhance overall communication within the nursing team. Just enquiring about their basic needs and if they could ease themselves will make them feel loved and cared for.
- **3. Recognising Achievements:** SNR provides an opportunity for nursing leaders to recognise and acknowledge the accomplishments and contributions of their nurses. This can boost morale, job satisfaction, and motivation among the nursing staff.
- **4. Supporting Well-Being:** Nursing leaders can use SNR to inquire about the well-being of their nurses, both personally and professionally. By demonstrating genuine care and providing necessary support, leaders can help alleviate stress and promote a positive work environment.
- **5. Promoting Professional Development:** During SNR, nursing leaders can discuss nurses' career goals and aspirations. By understanding individual interests and ambitions, leaders can offer guidance, mentorship, and opportunities for professional growth.
- **6. Getting to Know Your Team:** This helps them connect with relevance and customise their relationship with the team members within the boundaries of mutual respect. By understanding their health, family, hobbies, and talent, leaders can facilitate support and motivate them. If carefully executed, this will prevent grievances & burnout and promote morale, dignity, and loyalty.

To effectively implement SNR, nursing leaders should consider the following strategies:

- **1. Be approachable:** Create an atmosphere where nurses feel comfortable approaching leaders for casual conversations. Leaders should be friendly, empathetic, and willing to listen without judgement.
- **2. Schedule regular check-ins:** Set aside dedicated time for SNR on a regular basis. This ensures consistency and demonstrates that leaders value these interactions as important for relationship-building.
- **3. Active Listening:** Leaders should actively listen during SNR conversations, giving nurses their full attention. Avoid distractions and show genuine interest in what nurses have to say.
- **4. Be Transparent:** Encourage open and honest communication by being transparent about organisational updates, changes, and decisions. This fosters trust and helps nurses feel involved and valued.
- **5. Follow Up and Follow Through:** If concerns or suggestions are raised during SNR, nursing leaders should follow up on them and take appropriate action. This shows that their input is taken seriously and can lead to positive changes.

SNR is an effective strategy for nursing leaders to establish stronger connections with their nurses. This practice-based evidence approach by nursing leaders at IHH Healthcare India has proven to be very effective. By building trust, improving communication, recognising achievements, supporting well-being, and promoting professional development, leaders can create a positive and supportive work environment that enhances both nurse satisfaction and safe patient care.



Becoming The Guardian Of Patient Safety: A Nurse's Essential Journey



Thankam Gomez
Founder EC Member and First President (ANEI)
CEO, Cygnia Healthcare

Nurses stand as unsung heroes on the frontlines of healthcare, safeguarding the well-being of their patients with unwavering dedication. Just like defenders fortify their borders, nurses must bolster their skills and competencies to become the impenetrable shield of safety. In this relentless pursuit of patient welfare, several vital principles emerge that transform a nurse into a safety champion.

1. Cultivate Physical Resilience:

Nursing is a physically demanding profession that requires boundless energy and strength. Similar to soldiers training for battle, nurses must nurture their physical well-being. Adequate nutrition forms the cornerstone of vitality. A balanced diet not only fuels the body but also sharpens the mind, enabling nurses to make crucial decisions for their patients. A healthy and robust nurse embodies hope for those in their care.

2. Embrace Lifelong Learning:

A nurse's journey never truly ends. The pursuit of knowledge is an ongoing endeavour that separates an ordinary nurse from an extraordinary one. Specializing in a chosen field and remaining up-to-date with the latest advancements through webinars, workshops, and online resources elevates a nurse's expertise. A continuous learner has the tools to adapt to dynamic healthcare landscapes, providing the best possible care.

3. Champion Patient Safety:

Patient safety is the cornerstone of nursing practice. A safety champion goes above and beyond to uphold this fundamental principle. Dedication to patient well-being is non-negotiable, driving nurses to advocate for the highest standards of care. Speaking up against potential risks or errors is a vital responsibility, ensuring that patients receive the safest and most effective treatments.

4. Hone Assertive Communication:

Nurses are the nexus of communication within healthcare settings. Mastering assertive communication is akin to wielding a shield to protect patient's rights and safety. Effective communication ensures that the patient's voice is heard, promotes interdisciplinary collaboration, and prevents misunderstandings that could jeopardize care quality.

5. Preserve Compassion:

Compassion is the bedrock of nursing. Amidst the challenges and demands of the profession, nurses must cultivate and preserve their innate compassion. It is this compassion that fosters a deep connection with patients, allowing them to feel seen and valued as individuals, not just as medical cases. A compassionate nurse imparts comfort and solace, even in the face of adversity. Empathy combined with action is compassion.

In Conclusion:

The role of a nurse transcends mere job description; it is a vocation of dedication and service. To become the embodiment of patient safety, nurses must equip themselves with physical resilience, unending knowledge, unwavering commitment, effective communication, and boundless compassion. Like the guardians of a realm, nurses stand tall as the first and last line of defense for their patients. Each action they take and each decision they make, ripples through the lives they touch, leaving an indelible mark of care and protection. It is through the fusion of these attributes that nurses transform into safety champions, perpetuating the noble legacy of their profession and illuminating the path to a safer, healthier world for all.





Launch Of Nursing Skill Development Workshop

INTRODUCTION

Nurses in clinical care need a curated and specific set of skills to do their job well and have competitive value. A combination of hard skills (learned through practical training and certification) and soft skills (habits, traits, and social skills) that help nurses perform the job well would be an asset to delivering efficient and professional patient care in hospitals.

In this skill development programme, the Association of Nurse Executives India (ANEI) and the Association of Health Care Providers India (AHPI)-TN chapter have collaborated to develop a skill development module that would be a refresher course for novice nurses who are yet to grow confident at performing skills at the bedside. This module will be given to any hospital nursing fraternity in Tamil Nadu that has a need for it.

AIM: To equip nurses with the necessary skill sets to become better professionals to partner with safe and quality care delivery in their hospitals.

OBJECTIVES: The workshop aimed to enhance the nursing skills and knowledge of the participants in various injection techniques and nursing procedures. It provided valuable insights into different nursing practices, including injection techniques, IV cannulation, nasogastric tube insertion, urinary catheterization, ECG, ABG sampling technique, tracheostomy care, and wound care management.

EVENT FLOW

- The programme commenced with an introduction by Ms. Lavanya, Secretarial Executive of AHPI TN, Ms. Leena Chandrasekaran, President of ANEI TN Chapter, welcomed all trainers, trainees, and dignitaries present at the
- The formal presentation topics covered during the event were as follows:
- Injection Techniques, presented by Ms. R. Arokiya Sophi, HIC Nurse Manager from Kanchi Kamakoti CHILDS Trust Hospital, Chennai
- Nasogastric Tube Insertion, presented by Ms. Bency John, Nursing Supervisor from Madras Medical Mission, Chennai.
- Urinary Catheterization, presented by Ms. Maheshwari, DCNO, from Billroth Hospital, Chennai.
- ABG (Arterial Blood Gas Sampling Technique) was presented by Ms. Aruna Rachel, Nurse Educator from Kauvery Hospital, Vadapalani, Chennai.
- IV Cannulation for Adults and Paediatrics and IV Infusion, presented by Ms. Aswathy G., HIC Nurse Manager from Gleneagles Global Health City, Chennai.

At around 10:30 am, the formal inauguration commenced with Dr. Rosaline Rachel, Vice President of ANEI TN, delivering a gracious welcome address, setting the tone for the day's proceedings.

Following that, Mr. Sameer Mehta, President of AHPI TN, shared his insights on the importance of Nurse Skill

Development and its impact on the healthcare industry. Mrs. Gayathri Sandeep, the Treasurer of AHPI TN, then took the stage and introduced the AHPI TN Presentation, providing an overview of AHPI TN's significant contributions to promoting and enhancing healthcare in the region. Next, Ms. Leena Chandrasekaran, President of the ANEI TN Chapter, shed light on the Association of Nurse

Executives India (ANEI) and elaborated on the various programmes and activities undertaken by ANEI to support and uplift nursing professionals, fostering excellence in patient care.

Finally, Dr. Jothi Clara, Founder and Ex-Vice President of ANEI TN, presented about the course's aim, objectives, and purpose.



Following the formal Inauguration, the Scientific Event commenced with sessions: 6) ECG - Electrocardiogram presented by Ms. Saranya, Clinical Instructor at SIMS Hospital Vadapalani,

EVENT FLOW

Chennai.

- 7) Tracheostomy Care and Suctioning presented by Ms. Baby Lakshmi, DHNO at Mehta Multispeciality Hospitals, Chennai.
- After these sessions, we took a lunch break from 12:45 pm to 1:30 pm.

At 1:30 pm, we began the afternoon sessions with the Skill Station. The topics covered in this session were

8) Wound Care Management presented by Ms. Stella Towncent, Clinical Nurse Educator at Kauvery Hospital

Injection Techniques, IV Cannulation, Nasogastric Tube Insertion, Urinary Catheterization, and Wound Care Management.

The team of 40 trainees were divided into 5 groups, with each group rotating through the 5 different Skill Stations. They spent 20 minutes at each station before moving to the next one. At 3:30 pm, a short tea break was given, after which the participants were divided into 3 groups.

The three Skill Stations for this part of the day were ECG, Tracheostomy Care and Suctioning, and ABG. Each group spent 20 minutes at each station. During the first 10 minutes at each station, the trainers demonstrated the techniques, and in the next 10 minutes, the trainees were given a chance to re-demonstrate what they had

learned. Between 5:00 pm and 5:30 pm, there was a debriefing session for all the trainers, during which points for improvement were discussed.



Both the pre-test and post-test results were shared with the nursing heads, providing them with insights into the trainees' progress and improvements throughout the training program.

Following the review, the trainers will be asked to practice the 6 skills in their respective institutions. Subsequently, they will be called for a practical examination, and upon successful completion, they will be

and Dr. Rosaline Rachel.

awarded certification.

ACTION PLAN

The trainers' module for the 6 skills will be reviewed once again by Ms. Leena Chandrasekaran, Dr. Jothi Clara,

GROUP PHOTO

Collaborative learning and events are the mainstay of the Association of Nurse Executives(India) and we look forward to strengthening our relationship with AHPI for more such events.

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Report - NE Chapter, ANEI



24th June, 2023:

Empower hour on "Accidental Delining- Epidural Catheter" was hosted by ANEI North East Chapter. The team leader Dr. Ranju Rani Das, President, ANEI NE hosted the Empower hour with Mrs. Pinaki Bayan, Nursing Superintendent of Apollo Hospitals, Guwahati, Dr. Momi Neog , Nursing Superintendent of Assam Medical College Hospital, Dibrugarh, Dr. Karabi Patowary, Consultant Anesthesiologist of Apollo Hospital, Guwahati and Ms. Rojita Devi, Nurse Educator of Apollo Excel Care Hospital, Guwahati.



27th July 2023:

North East Chapter meeting was held online and discussed the membership drive and organization of workshops for continuous learning.



The report collated by Dr. Ranju Rani Das President, ANEI NE Chapter



Leadership Approach in Improving Patient Safety - QIP on Tracheostomy Care



20

18

Quality Improvement Programme on Improving the Quality of Tracheostomy care

The aim is to understand the current challenges in the care of tracheostomy patients and to initiate a QIP to prevent re-admission of patients to ICU. 2. Objectives of Quality Improvement Programme:

To evaluate the Nurses knowledge and skill in caring patient with tracheostomy. To prevent readmission of patient to ICU due to tube blockages or tracheostomy complications.

To develop guidelines and educate staff on the same.

To suggest preventive measures to reduce the risk of complications associated with tracheostomy.

- Tracheostomies performed by the intensive care unit team and then discharged to the care of the general physician in the general medical ward led to an increase in the nurse-to-patient ratio, resulting in substandard care.

- Nursing staff had limited awareness of complications that results in inappropriate tracheostomy care.

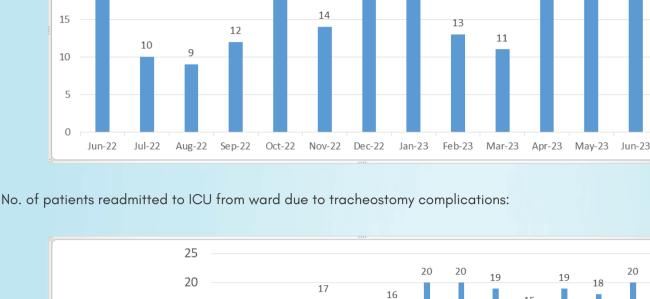
- The inadequate management of tracheostomy tubes can be attributed to a deficiency of knowledge among the
- Complications lead to the readmission of patients to the critical care unit, so adversely impacting their
- There is currently no standardized checklist available for the systematic documentation of viscosity, colour, and
- 4. Methodology: - Inclusion criteria: All tracheostomy patients of wards of KD Hospital. - Exclusion Criteria: All ICU patients of KD Hospital.

- Sampling methods: Direct Observation of all patients with tracheostomy in wards - Numerator: Number of patient admitted on floors with tracheostomy.
- -Denominator: Total number of observed patients in June 22 to June 23 (1-year data)
- Tracheostomy care team of eight members observed that tracheostomy care is provided in accordance with standards and gathered information from staff and files based on a checklist (22 June to 22 June 2023).

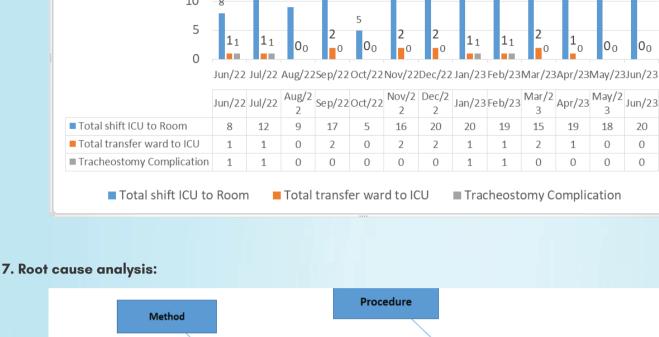
6. Observation: No of patients observed in detail for Tracheostomy in wards

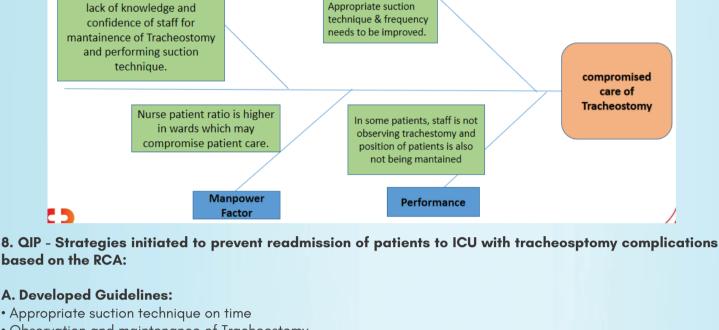
No.of patients with tracheostomy in wards

20 18



15 12





B. Development of Checklist to observe tracheostomy care:

TT POSITION

TEC

SUCTION SEC

SUCTION

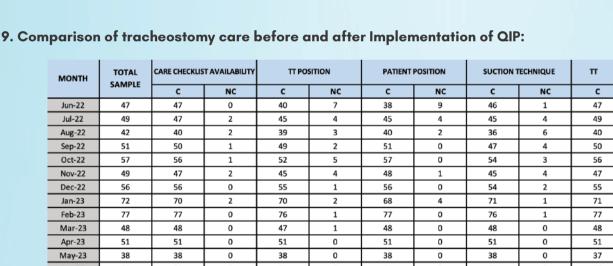
- TRACHEOSTOMY CARE CHECKLIST
- ARE CHECKUST AVAI SR NO DATE TIME IP NUMBER DEPT

C. Bedside emergency box (to handle tracheostomy complications immediately) – Checklist Spare

• Spare Trach tube of same size and one size smaller	
• Tracheal Dilators	
• 10 ml Syringe	
• Stich Cutter	
Aquagel/Water Soluble Lubricant	
Spare Tracheostomy Dressing	
Spare Tracheostomy Tapes	

Spare clean, dry, inner tube (in pot with lid) • Trach tube cleaning swabs, sterile water, dish to clean inner tube at bedside

- Audible Nurse Call system within patient's reach



tracheostomy patients around-the-clock. · Clinical supervision checklists are also utilised by nursing supervisors for the surveillance of all tracheostomy

put into practice.

shift In charges.

- None of the patients have been transferred back to the Intensive Care Unit (ICU) due to difficulties arising from tracheostomy. The development of a comprehensive care pathway for tracheostomy management in all patients is
- The implementation of this quality improvement initiative aimed at enhancing the care provided to tracheostomy patients resulted in a substantial increase in both the quality and safety of treatment. Additionally, the programme yielded valuable qualitative data that demonstrated the extent of the improvement achieved.

The availability of Tracheostomy Trays on each level is essential for effectively managing patient emergencies

- 13. Educational Tool after discharge to guide the relatives: USE PROPER MATERIAL KEEP SPARE
- Semi-Fowler's Position

TRACHEOSTOMY

USE STERILE PLASTIC GLOVES > DO NOT KEET SUCTION CATHETER MORE THEN 10-15 SECOND INSIDE

DONT OVER INFLAT TT CUFF BULB

ANY KIND OF EMERGENCY

Ms. Sharmishtha Nayi. - AGM, Nursing,

14. Author:

TRACHEOSTOMY TUBE WHILE SUCTIONING

DO NOT SUCTION AFTER FEEDING UNLESS EMERGENCY

DO NOT HANDLE T.T. TUBE WITH UN-HYGIENIC HAND

NEVER KEEP PATIENT IN SUPINE POSITION UNLESS ANY PROCEDURE

➤ DO NOT MANIPULATE OR SELF MANAGE TRACHEOSTOMY TUBE IN

DO NOT GIVE FEEDING OR DO SUCTIONING IN SUPINE POSITION

2. BLEEDING IN STOMA OR SECREATION 3. ACCIDENTAL TUBE REMOVE NOISY BREATHING AND FAST BREATHING VISIBLE TRACHEOSTOMA 6. INABILITY TO PASS SUCTION CATHETER IF IDENTIFY TUBE IS BLOCKED NOT HEAR BREATH SOUND OR BREATH STOP CONTACT TO THE PHYSICIAN :-

NOISY BREATHING OR FAST BREATHING

NOTED TTCUFF BULB DAMAGE OR AIR LEAKAGE

TOO MUCH SECREATION EXCREATION

CHANGE COLOUR OF SECRETION

MOUNTED)

80MMHG

PEADIATRIC:- 50-

PREFER CLOSE

CATHETER FOR

SUCTIONINGAND

USE APPROPRIATE

CATHETER GAUSE

TRACHEOSTOMY

INSERTION HOLE

IF ANY COLOUR

SUCTION

SUCTION

OBSERVE

CHANGED

INFORM TO

CONSULTANT

KD.Hospital, Ahmedabad. Mob. +919909982727 15.Tracheostomy care Team involved:

- 4. Pravin Kumar Joshi (Shift In charge-ICU)- KD Hospital. 5. Rahul Sharma (Asst.In Charge- wards)- KD Hospital. 6. Hiral Patel (Asst. In Charge-Wards)- KD Hospital.
- 7. Pratiksha Patel (Asst. In Charge- Wards)- KD Hospital. 8. Divya Patel (Staff Nurse-wards)- KD Hospital
- 16. References:

https://www.bsuh.nhs.UK/library/WP-content/uploads/sites/8/2019/10/BSUH-Tracheostomy-pathway-booklet-May-2014.PDF (Brighton and Sussex University Hospitals NHS Trust, abbreviated as BSUH) 09

1. Aim:

3. Need for study:

- A rise in medical complications in post-tracheostomy surgeries has been a challenge in tertiary care hospital.

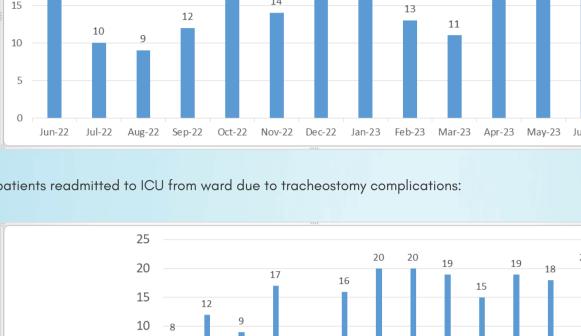
- Consultants lack confidence in transferring patients to wards because they believe it cannot be sustained.

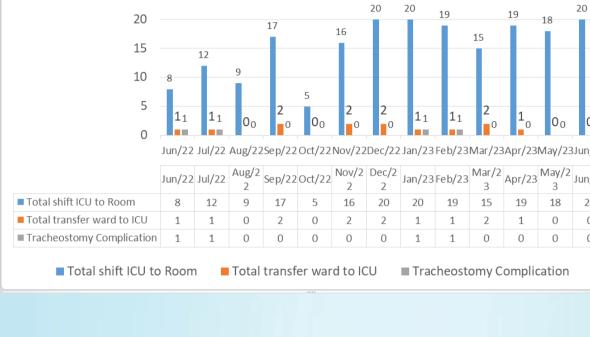
ward staff. psychological well-being and exacerbating their financial strain.

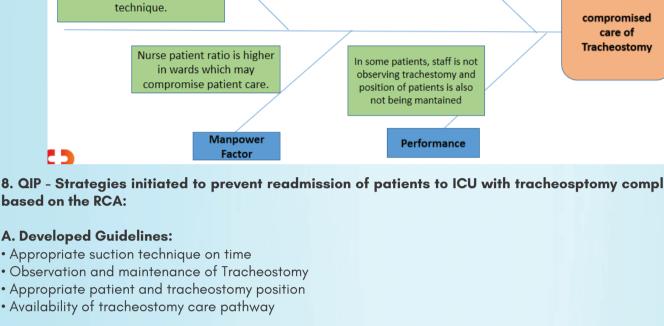
frequency of suction.

5. Data Collection:

25 20







 Stich Aqua Spare

- D. Development of tracheostomy pathway:

changed from 1:5 to 1:3 in wards to lower the burden on staff.

o Section 2: Bedside tracheostomy checklist for every shift o Section 3: Checklist for the Care plan and suction record

• Bedside tracheostomy tray availability for tracheostomy emergencies

incharge to review the checklist for every shift.

caused by obstruction of the Tracheostomy Tube.

intervals of 3 to 4 hours for a duration of 5 to 10 minutes.

TRACHEOSTOMY

TUBE & KEEP IT

DRY AND CLEAN

ALWAYS DO HAND

WASHING BEFORE

TRACHEOSTOMY

WEAR GLOVES

BEFORE ANY

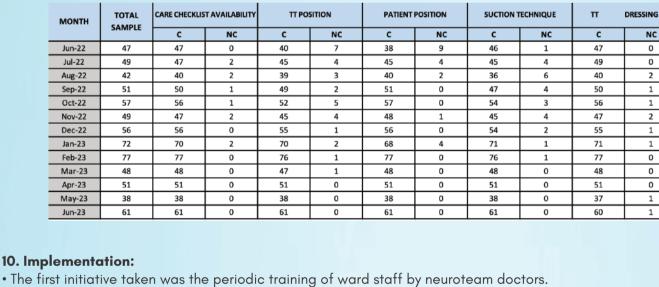
PROCEDURE

DOING ON

KIND OF

AND AFTER

TOUCH THE



· Ward staff were provided training every month to improve tracheostomy care for patients by ICU senior staff and

• Constant training was not possible as staff changed every now and then. The ratio of nurses to patients was

• Further implementation of the tracheostomy care pathway quality assessment was implemented in 4 sections, i.e.,

o Section 4: Weaning Plan Training of staff for proper documentation of checklists and audits for the same was

· With the implementation of the Tracheostomy care pathway checklist, It was important to appoint a senior

· A tracheostomy care team of senior ICU staff and floor in charge (nine-member group) who monitored

o Section 1: Handover Plan for a patient with tracheostomy from critical care or specialist area to ward.

patients during the night shift. 11. Conclusion/ Outcome:

of measuring cuff pressure.

PREPARATION OF SUCTION

12. Recommendations: (By neurology doctors Team) 1. The objective is to enhance the knowledge and understanding of ward staff about the use and management of double lumen tracheostomy tubes. 2. In order to mitigate the occurrence of cuff stenosis, it is necessary to employ a cuff manometer for the purpose

3. In order to provide instruction to the staff regarding the recommended practice of periodically deflating bulb at

SUCTION PRESSURE MACHINE(10-15MMHG) STRAP FOR TRACHEOSTOMY ADULT:-100-120 HOLDING TUBE WITH MMHG(WALL SAME SIZE AND

1 SMALL SIZE

TRACHEOSTOMY TUBE

DRESSING MUST BE

DRY AND CLEAN DO

NOT APPLY ANY WET

IF NECESSARY PROVIDE

PROPER SUPPORT TO

TRACHEOSTOMY TUBE

FOR LESS IRRITATION

TO THE PATIENT AND

MAINTANANCE

DRESSING AND IF

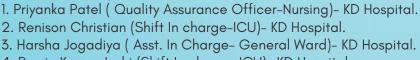
DRESSING ISWET

CHANGE IT

PROPER

Fowler's Position





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ANNUAL PATIENT SAFETY CONFERENCE (VIRTUAL)

TOWARDS ZERO HARM 2023

ELEVATE THE VOICE OF PATIENTS

A Conference of Reflections and Commitments

SEPTEMBER 30 | 09:00 AM - 4:30 PM |

Let's work together "Towards Zero Harm" and amplify the voices of patients. Don't miss out on this incredible opportunity to connect, collaborate, and contribute to the future of patient care.





TOWARDS NO HARM 2023 - 30th September 09:00 am -04:30 pm

Elevate the Voice of Patients

Invocation Association of Nurse Executives (India) - North East Chapter, ANEI Introduction to "Towards No Harm - Elevate The Voice of Patients" Dr Ranju Rani Das , President, NE Chapter, ANEI Welcome Address Capt. Ajitha Nair, National President- ANEI Inaugural Address Dr Neelam Dhingra, Unit Head, Patient Safety Flagship, WHO, Geneva Cuest of Honor Dr Michael Ramsay, CEO, Patient Safety Movement Foundation, USA Vote of Thanks Ms. Krishna Chaudhury, Secretary, NE Chapter, ANEI TRACK TWO : ENGAGING PATIENTS & FAMILIES FOR SAFER CARE (10:15 am - 11:30 am) Panel Discussion Chair Ms. Thankam Gomez, Founder Member & First President, ANEI

Chair Ms Thankam Gomez, Founder Member & First President, ANEI **Patient's View** Ms Shanta Saikia, Editor in Chief, Adgully Network Private Ltd, Assam Dr Reshu Gupta Khanikar, Senior Consultant and HOD, Critical Care **Clinician's View** Medicine, Healthcity Hospital, Guwahati Mr Sanjeeb Kakati, Director (Management Services), Third Eye **Quality's View** Education Pvt. Ltd. **CEO's View** Dr Ashish Malakar, Group CEO, GNRC Hospitals, Guwahati **CNO's Vew** Ms.Mini Varghese, CNO, Fortis Hospital, Mulund; Member, ANEI **Nurse's View** Ms Karishma Khaund, Apollo Hospital, Guwahati; Member, ANEI







TOWARDS NO HARM 2023 - 30th September 09:00 am -04:30 pm

Elevate the Voice of Patients	
TRACK THREE: PATIENTS FOR PATIENT SAFETY (11:30 AM - 12:45 PM)	
Chair	Lt Col (Dr) Ajee K L, National Treasurer, ANEI
Patient Centricity and Involvement Is Critical to Safety	Mr Som Mittal, Chair, Patients for Patient Safety, India
Patient Advisory Council - The Why & How	Dr. Lallu Joseph, Quality Manager & Assoc. GS, CMC Vellore Secretary General, CAHO
Patients for Patient Safety - Dialogue Outside India	Dr Donna Prosser, Associate Principal, Reliability & Management Systems, Vizient, Inc,North Carolina, USA
	Ms Olivia Lounsbury, Quality and Safety Program Coordinator, Johns Hopkins Children's Centre, USA
TRACK FOUR: The Best of Patient Safety Initiatives (1:45 PM- 2:45 PM)	
Chair	Ms. Deepa Chugh, NS, Akash Healthcare;, New Delhi; Member, ANEI
Jury	Dr Suneel Mundkur, Prof Pediatrics, Advisor Quality, Kasturba Medical College, Manipal, Mangalore
	Dr Viji George, Program Manager, Magnet Program Director Texas Health Presbyterian Hospital Plano, USA
	Ms.Prajakta Hindalekar, Nursing Director, Breach Candy Hospital, Mumbai; Member, ANEI
The best 3 Evidence Based Practices -Medication Safety	
The Best 3 QI Projects around "Involving Patients and Families for Safer Care"	
TRACK FIVE: The Future Safety Champions (2:45 PM - 3:45 PM)	
Chair	Dr Unmona Borgohain, National Vice President, ANEI
3 staff nurses and 3 students nurses will participate in this discussion	
TRACK SIX: Valedictory	
Announcement of EBP & QIP Winners	Ms. Deepa Chugh, NS, Akash Healthcare, New Delhi; Member, ANEI
MoU with Patients for Patient Safety, India	Capt Ajitha Nair, National President, ANEI & Mr Som Mittal, Chair, Patients for Patient Safety, India
Report of the Preconference Workshop and Action Plan for Patient Safety	Ms Vincy Tribhuvan, National Secretary, ANEI
Vote of Thanks	Ms. Boa Yania Taw, Vice President, NE Chapter, ANEI

World Patient Safety Day

17 September 2023





Other Pre-Conference Activities

Workshops on IPSGs will be conducted for nursing students by ANEI State Chapters

Presentation of Quality improvement Projects by the 2nd cohort of ANEI Patient Safety Fellows in the presence of Dr. Michael Ramsay, CEO Patient Safety Movement Foundation, USA on 29th September at 7.30 pm

ANEI Patient Safety Fellowship is offered in collaboration with Patient Safety Movement Foundation, USA



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EVIDENCE-BASED PRACTICE COMPETITION

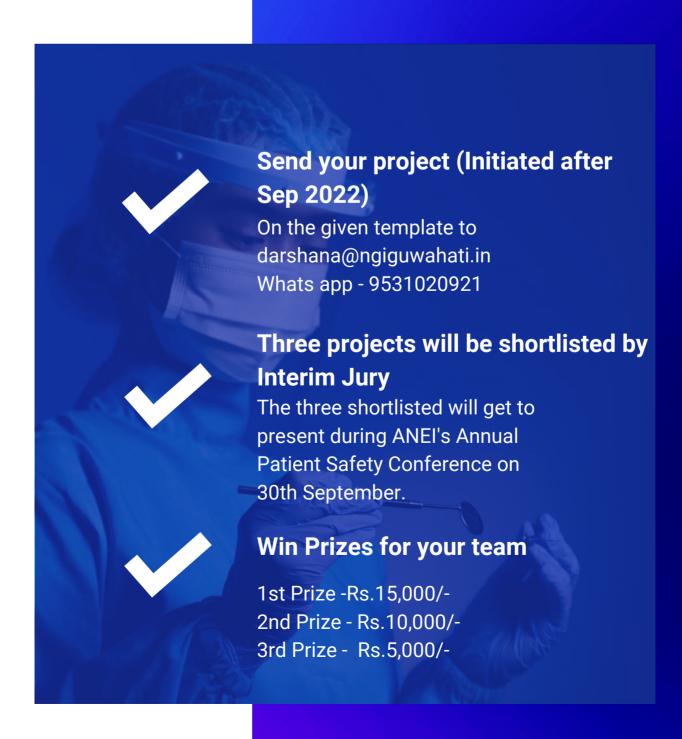
TOPIC: MEDICATION SAFETY

For the Annual Virtual Patient Safety Conference

Towards Zero Harm: Elevate The Voice of Patients









QUALITY IMPROVEMENT PROJECTS COMPETITION

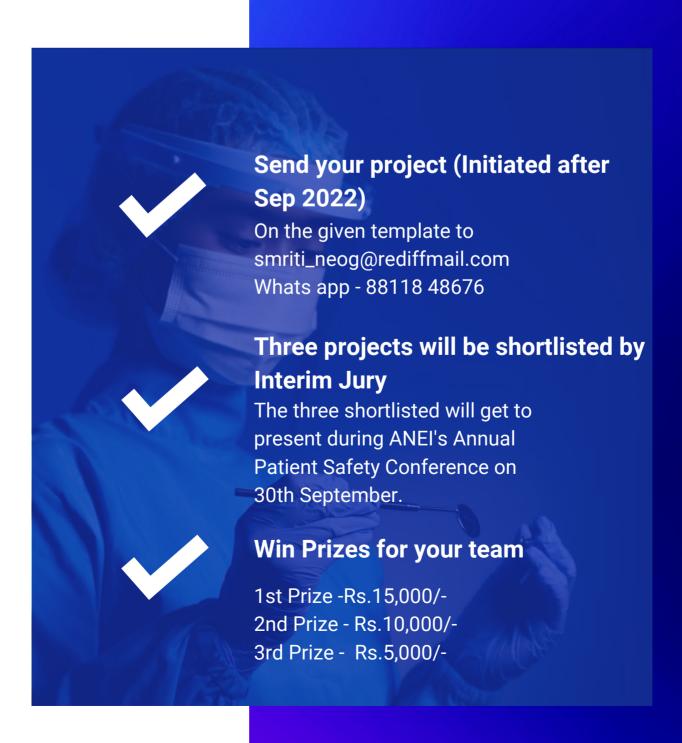
TOPIC: ENGAGING PATIENTS & FAMILIES FOR SAFER CARE

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"We Would Love To Hear From You"













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